BK BIRLA CENTRE FOR EDUCATION
SARALA BIRLA GROUP OF SCHOOLS
SENIOR SECONDARYCO-ED DAY CUM BOYS' RESIDENTIAL SCHOOL
PRE MID TERM TEST 2024-25
SCIENCE (o86)

**B K BIRLA CENTRE
FOR EDUCATION**
(Sarala Birla Group of Schools)

**INDIAN PUBLIC SCHOOLS'
CONFERENCE**

Class : VI   **Duration: 1 Hr**
Date   : 05 .08.24   **Max. Marks: 25 marks**
Admission No.:   **Roll No.:**

General Instructions:

i. This question paper consists of 12 questions. All questions are compulsory.

ii. There are   three sections viz. A, B and C

iii. Section A – question numbers 1-3 are Very short Answer type questions carrying 1 mark each.

iv. Section B – question numbers 4-8 are short Answer type questions carrying 2 marks each.

v. Section C – question numbers 9-12 are 3 marks each.

vi. There is no overall choice. However, an internal choice has been provided in some questions.

   A student is expected to attempt only one of these questions.

Section–A

(*Q.no.1-3 are multiple choice questions of 1mark each*)

(*Select and write one most appropriate option out of the four options given for each of the questions*)

1. _____ is a complex carbohydrate.   1

    a) Lactose   b) Maltose   c) Glucose   d) Starch

2._____ are the chemical substances that provide nourishment for proper growth.   1

    a) Nutrients   b) Sugars   c) Salts   d) Acids

3. Choose the odd one out_____.   1

   a) Eggs   b) Ground nut   c) Almonds   d) Rice

Section– B

(*Q.no.4-8 are short answer questions of 2 marks each*)

4. How are foods classified?   2

5. What are Vitamins? Mention the different types of vitamins.   2

6. What is a balanced diet?   2

7. What important roles does Fats play in our body (any 2).   2

8. Mention the Uses of vitamins in our body.   2

Section–B

9. Match the following: 3

	A	B
1	Mineral important for Heart and muscles	Bones
2	Iron	Magnesium
3	calcium	Haemoglobin

10. Give two examples each for foods containing Carbohydrates, Proteins and fats. 3

11. Why are proteins important part of our diet? 3

12. Give reason: 3

a. Roughage must form important part of our diet .Why?

b. We should avoid eating junk food . Why?

c. Why are new born babies to morning sunlight?

xxxxxxxx Good Luck xxxxxxxxxx